

FINE

*You said, "hello, how are you today"
I replied "fine thank you" and walked away*

*Fine to you means I'm doing well
Fine to me means I feel like hell*

*Fragile
Insecure
Nervous
Emotional*

*Fine...when I say that word I want to scream
All of the above are what I feel*

*But I will continue on my polite way
As you say to me "have a nice day"*

*O.K. maybe, good hopefully, Fine NEVER
Such is the journey of the bereaved parent*